



Sarah Williams

Registered Nurse — Medical-Surgical / Telemetry

CONTACT

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PERSONAL INFO

NATIONALITY
American
DATE OF BIRTH
1992-11-08
PLACE OF BIRTH
Tucson, AZ
DRIVING LICENSE
Class D — Arizona

LANGUAGES

English
Native
Spanish
Limited Working

HOBBIES & INTERESTS

Hot-yoga regular, desert trail hikes before the heat sets in (South Mountain favorite), trying every new taqueria in the neighborhood, and fostering senior dogs through a local rescue.

EXPERIENCE

Registered Nurse, Charge Nurse — Med-Surg / Telemetry 06/2019 – Present
[Desert Vista Medical Center · Phoenix, AZ · United States](#)

Staff and charge RN on a 36-bed med-surg/tele unit; typical assignment 4–5 acute patients.

- Manage post-op, CHF, COPD, sepsis, and stroke patients; titrate drips, manage telemetry, respond to rapid responses and codes.
- Charge 2–3 shifts a week — bed flow, assignments, staffing, and escalation to the house supervisor.
- Primary preceptor for new-grad residency cohorts; onboarded **14 nurses** over four years.
- EPIC super-user; built two unit smartphrases adopted house-wide.

Registered Nurse — Medical-Surgical 07/2016 – 05/2019
[Saguaro Regional Hospital · Mesa, AZ · United States](#)

Staff RN on a 28-bed med-surg unit at a community hospital.

- Provided care across a broad adult population — wound care, IV therapy, diabetic management, pre/post-op.
- Served on the unit practice council; helped roll out bedside shift report.
- Float pool credentialed for oncology and ortho units.

Patient Care Technician 01/2015 – 06/2016
[Saguaro Regional Hospital · Mesa, AZ · United States](#)

Worked as a PCT on med-surg while finishing the BSN — vitals, ADLs, glucose checks, specimen collection, and supporting the RN team during a clinical rotation placement.

EDUCATION

Bachelor of Science in Nursing (BSN) 08/2012 – 05/2016
[Arizona State University — Edson College of Nursing · Phoenix, AZ · United States](#)

Graduated cum laude, 3.7 GPA. Sigma Theta Tau honor society. Clinical rotations across med-surg, ICU, pediatrics, OB, and community health. Senior capstone on early sepsis recognition.

SKILLS

Patient Assessment & Triage

Telemetry & Cardiac Monitoring

IV Therapy & Medication Administration

Rapid Response & Code Participation

Wound Care & Post-Op Management

Charge Nurse / Patient Flow

Preceptorship & New-Grad Onboarding

EPIC EHR (Super-User)

Prerequisite coursework — A&P, Microbiology, Chemistry

08/2010 –
05/2012

Pima Community College · Tucson, AZ · United States

Completed nursing prerequisites with a 3.9 GPA before transferring to ASU's BSN program.

AWARDS

DAISY Award for Extraordinary Nurses

09/2022 – Present

Desert Vista Medical Center

Unit Quality Champion (Falls Reduction)

12/2021 – Present

Desert Vista Medical Center

Preceptor of the Year — Med-Surg

11/2020 – Present

Desert Vista Medical Center

WEBSITES & SOCIAL LINKS

LinkedIn: <https://linkedin.com/in/sarahwilliams-rn>

REFERENCES

Dana Pruitt, MSN, RN

Desert Vista Medical Center — Nurse Manager, Med-Surg/Tele
+1 (602) 555-0181 ·
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Dr. Hannah Reyes

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PROFESSIONAL SUMMARY

Compassionate, BLS/ACLS-certified registered nurse with 8 years on busy medical-surgical and telemetry units. Strong assessment skills, calm under rapid response, and a track record of **HCAHPS scores above the 90th percentile** on units I precept. Charge-nurse experience, EPIC super-user, and a steady hand training new grads through their first year.

TECHNICAL PROFICIENCIES

Clinical: Med-surg, telemetry, post-op, sepsis bundles, CHF/COPD management, diabetic management, wound care, IV/PICC care

Procedures & Skills: Foley & NG insertion, blood draws, central line dressing changes, chest tube management, telemetry interpretation, CPR/ACLS algorithms

Systems & Tools: EPIC, Cerner (prior), Pyxis, Alaris pumps, Vocera, bedside barcode scanning (BCMA)

Quality & Safety: Joint Commission standards, HCAHPS drivers, fall & pressure-injury prevention, SBAR handoff, root-cause analysis

PROFESSIONAL TRAINING

Preceptor Development Workshop Desert Vista Medical Center — Nursing Education	03/2020 – 03/2020
Basic Dysrhythmia & 12-Lead ECG Interpretation American Heart Association	09/2016 – 10/2016

LICENSES & CERTIFICATIONS

Registered Nurse (RN) — Arizona License Arizona State Board of Nursing	06/2016 – Present
Medical-Surgical Nursing Certification (CMSRN) Medical-Surgical Nursing Certification Board	10/2019 – 10/2024
Advanced Cardiovascular Life Support (ACLS) American Heart Association	07/2023 – 07/2025
Basic Life Support (BLS) American Heart Association	07/2023 – 07/2025

EXTRACURRICULAR ACTIVITIES

Member, Shared Governance Council Desert Vista Medical Center · Phoenix, AZ Unit representative on the nursing practice council — review evidence-based practice changes, pilot workflow improvements, and bring frontline feedback to policy revisions.	01/2021 – Present
Guest Clinical Instructor Arizona State University — Edson College of Nursing · Phoenix, AZ Host senior BSN students on the unit a few weeks each semester — bedside teaching, skills validation, and end-of-shift debriefs.	08/2022 – Present

VOLUNTEERING

Volunteer Nurse

02/2018 – Present

Phoenix Free Community Clinic · Phoenix, AZ

Volunteer one Saturday a month — intake, vitals, wound checks, blood-pressure and glucose screening, and patient education for uninsured community members.

AFFILIATIONS

Member

2017 – Present

Academy of Medical-Surgical Nurses (AMSN)

Member

2016 – Present

American Nurses Association — Arizona

Member

2015 – Present

Sigma Theta Tau International Honor Society of Nursing

POWER STATEMENT

Co-led a unit-based falls-reduction initiative on a 36-bed med-surg floor — hourly rounding, bed-alarm standardization, and a post-fall huddle protocol — cutting patient falls with injury by **54% over 12 months** and earning the unit a system Quality Champion award.

ACCOMPLISHMENTS

- DAISY Award honoree (2022) for patient- and family-centered care.
- Co-led a falls-reduction project that cut falls with injury by 54% in one year.
- Precepted 14 new-grad nurses with a first-year retention rate above 90%.
- EPIC super-user; authored unit documentation templates adopted house-wide.